



The  
Center for  
Family Resolution, LLC

# STOP THE CO- PARENTING CHAOS



*How to deal with a high-conflict ex  
without losing yourself or your kids*

\$297

**Save your sanity! Learn how to set boundaries, reduce conflict, and protect your kids.**

**Next Session:**

**July 18, 2026 9:30 - 11:30 EST and  
July 19, 2026 12:30 - 1:30 EST**



**LIVE WEBINAR LED  
BY AMY ARMSTRONG, LISW-S**

**SAVE YOUR SPOT**