

## CONSENT AGREEMENT FOR CO-PARENT COACHING

### 1. THE PARENT COACHING PROCESS

A. Role of the Parent Coach: The Parent(s) understand that the Parent Coach's role is to facilitate confidential conversations which reduce conflict and build skills for successful communication and decision making. The clients and coach work together to co-create the steps each parent is willing and able to take to effectively reach parenting and co-parenting goals. The coach is not an investigator or a decision maker; rather, the coach is a guide and inspiration for creating effective interactional patterns between parents and children.

The coach will provide:

- welcoming setting for structured conversation
- facilitation of interest-based conversations
- mediation at the request of the parties for the purpose of reducing conflict
- education about child development, positive behavior management, and the impact of conflict on children
- communication skill-building
- support for stress-management and self-care during and after the court case

The Parent Coach will listen carefully, ask key questions and give insightful feedback that promotes the awareness and skills necessary for successful implementation of positive strategies leading to fulfillment of parenting and co-parenting goals. Additionally, the Parent Coach may offer supplementary resources. The Parent Coach is not authorized to give legal advice. The Parent Coach is not serving in the role of a therapist or social worker. If the Parent Coach determines that psycho-therapeutic interventions would be helpful for the Parent(s), the Parent Coach will make a referral to an appropriate therapist or terminate the Parent Coach Consent Agreement and enter into a Therapy Consent Agreement with the Parent(s).

B. Role of the Parent(s): The Parent(s) understand that the Parent(s)' role is to answer the Parent Coach's questions as completely and honestly as possible, to engage to the fullest extent possible in the coaching process, to follow through with the positive strategies to the best of the Parent(s)' ability, and to give feedback to the Parent Coach as completely and honestly as possible regarding the coaching process and the implementation of the selected strategies.

C. Collaboration between Parent Coach and Parent(s): The Parent(s) understand that Parent Coaching is a collaborative process in which the Parent Coach and the Parent(s) work together to co-create the Parent(s)' goals for parenting, for communication, for self-care and for the coaching process.

## 2. POLICIES

A. Appointments: Appointments with the Parent Coach shall be scheduled at the direction of the Parent Coach or by request of the Parent(s) by phone, by email or in person. Coaching sessions may take place in person or over the telephone. Standard appointments are 60 minutes in length, and the Parent(s) may request additional coaching over the telephone or by email.

B. Communication: The Parent(s) may contact the Parent Coach by telephone, email or text message. The Parent Coach will respond within 24 hours.

C. Confidentiality: Any sharing of information between the Parent Coach and any other party requires an authorization form signed by the Parent(s) giving written permission for a release of information. Either parent may request a conversation or meeting with the Parent Coach without the knowledge or consent of the other parent. All communications between the Parent Coach and the parent(s) will be private and confidential unless a release of information has been signed and submitted to the Parent Coach for the purposes of communicating with other parties.

D. Cancelled or missed appointments: The Parent(s) shall pay in full for any cancelled or missed appointments unless 24-hour cancellation notice is given.

E. Obstructions to productive joint meetings: The Parent Coach will promptly end any joint session that includes personal criticism or aggressive behavior toward the other parent or to the Parent Coach. The party using unconstructive behavior shall pay for the cancelled session.

## 3. FEES

Parent(s) shall pay for appointments at the time of service. Alternative arrangements may be made at the request of the Parent(s). Fees for appointments are \$150.00 per hour for an individual, and \$180.00 when parents meet together. Fees for additional time spent in telephone or email conversations are billable at \$150.00 per hour, calculated at 5-minute intervals. Parent Coach shall bill the Parent(s) monthly with an itemized statement for telephone and email coaching.

#### 4. DISCLOSURE

Parent(s) understand that the Parent Coach is obligated under law to disclose the following information to appropriate authorities: 1) allegations of abuse or neglect of a child, 2) threats of harm to other people or yourself, 3) statements made indicating plans to carry out or hide an ongoing crime, and 4) statements made that reveal a felony crime.

**THE ABOVE TERMS AND CONDITIONS ARE ACKNOWLEDGED AND AGREED TO:**

\_\_\_\_\_  
Parent

Dated: \_\_\_\_\_

\_\_\_\_\_  
Parent (optional)

Dated: \_\_\_\_\_

\_\_\_\_\_  
Parent Coach

Dated: \_\_\_\_\_